



Course Outline

**Prerequisites:** This course shall have no formal pre-requisite.

**Course Length:** 8 hours – Course length shall vary depending on the number of delegates. Total course time includes breaks.

Class Size: The maximum number of delegates that may be trained and tested per instructor shall be thirty-five (35) in the classroom session and twenty (20) in the practical session. A second instructor shall be added for the practical session once the participation exceeds twenty (20) and exercises will be divided into groups.

#### **Course Objectives**

- To define confined space criteria.
- To provide delegates with an understanding of the hazards of operations within an oxygen deficient, toxic or flammable environment.
- Delegates will be able to carry out a suitable and sufficient risk assessment.
- Delegates will be able to reference regulatory requirements for gas testing.
- Delegates will gain the knowledge to select, use, and care for PPE and RPE.
- Delegates will gain an understanding of the strengths and weaknesses of gas detection equipment.
- Delegates will demonstrate an ability to calibrate the instruments used in atmospheric testing, select the appropriate gas detection equipment, perform gas tests in sequence, and interpret and document the results.

#### **Course Design**

- Power Point© / Lecture / Audio Video / Visual Aids
- Demonstrations
- Practical Exercises

### **Successful Course Completion**

- Requires a minimum score of 75% or better.
- Grades shall be calculated by dividing the number of questions answered correctly by the total number of exam questions.
- Delegates will have no more than thirty (30) minutes to complete the exam.
- Successful completion of practical session is mandatory.

#### **Course Content Summary**

- Classroom
- Practicals

**Breaks:** 10 minutes (approximately every hour)





Course Outline

**Lunch:** 1 Hour (if applicable)

#### **Course Outline**

**Testing in Confined Spaces** 

- Confined Space Criteria
  - O What is a Confined Space?
    - Limited Openings for Entry and Exit
      - Large Enough to Enter and Perform Work
      - Not Designed for Continuous Occupancy
  - O What Is a Permit Required Confined Space?
  - Supervisor Role and Responsibilities
  - Attendant Role and Responsibilities
    - Raising the Alarm and Initiating Emergency Response
- Unfavorable Natural Ventilation
- Confined Space Hazards
  - Atmospheric Hazards
  - Physical Hazards
- Oxygen Levels
  - Deficient
  - o Enriched
- Breathing Air Composition
- Common Hazardous Air Contaminants and Gasses
- Acute Symptoms
- Chronic Symptoms
- Flammability
  - UEL/LEL
  - Causes of Flammable Atmospheres
  - Fire Tetrahedron

## Safety Data Sheets

- Sections
- Content
- Terminology

#### **Risk Assessments**

- Hazard Analysis
- Risk Assessment
- How to Identify Hazards
- Hazard Scenarios
- Risk Assessment Matrix

#### **Confined Space Permitting**





#### Course Outline

- Supervisor Responsibilities
- Entry Permits Communication
- Sections
- Completion
- Entry Permit Example Hand-out

#### Ventilation

- Requirements
- Natural
- Mechanical
  - o Positive Pressure
  - Negative Pressure
  - Air Exchange Calculations

### Atmosphere Measuring and Monitoring Equipment

- · Principles of Atmosphere Monitoring
- Types of Monitoring Equipment Strengths and Weaknesses
  - Fixed Detectors
  - Portable Detectors
  - Personal Detectors
  - Colorimetric Tubes
  - Catalytic Gas Detectors
  - Infrared Gas Detectors
- How to correctly select between aspirating and non-aspirating detectors
- Gas Detector Pre-Start Checks
- Gas Detector General Function
- Gas Detector Calibration

#### **Atmospheric Hazard Protection**

- Control Measures
  - Engineering Controls
  - Administrative Controls
  - Personal Protective Equipment (PPE)
- Types of Respirators
  - Air Purifying Respirator (APR)
  - Supplied Air Respirator (SAR)
    - Self-Contained Breathing Apparatus (SCBA)
    - Atmospheric Supplied
    - Cascade Systems
    - Escape Packs
- Respirator Fit Testing
  - o Quantitative





#### Course Outline

- Qualitative
- Respirator Usage
- Respirator Inspection
- Respirator Maintenance
- Respirator Donning/Doffing
- Respirator Storage

#### Gas Testing in Confined Spaces

- Air Monitoring Techniques
- Gas Stratification and the Importance of Testing All Levels of a Space
- Performing Gas Tests in Sequence
  - Oxygen Deficient or Enriched Atmospheres
    - Ensure That Proper Oxygen Levels Are Present
  - Flammable Atmospheres
    - Ensure That Combustible Gases Are Not Present
  - Toxic Atmospheres
    - Ensure That Toxic Gases Are Below the Exposure Limit
- Continuous Monitoring
- Testing Flammable Gases in Inert Atmospheres
- Monitoring and Retesting After the Initial Entry

### Interpreting and Documenting the Results

- How to Interpret the Results
  - To Include Normal and Abnormal
- How to Document the Results

#### **Practical Session**

Practical training shall utilize a gas detector, confined space simulator and other safety equipment.

### Practical shall verify the following:

- Properly select and wear appropriate PPE during practical training
- Conduct proper pre-use inspection of PPE and equipment
- Use effective communication
- Conduct pre-use Inspection
- Perform bump/span test
- Perform battery check
- Complete instrument calibration
- Effectively monitor and control air quality
- Test and monitor a confined space
- Document gas readings





**Course Outline** 

• Properly store equipment and PPE

## **Training Center Provided Material**

- PPE
- Gas Detection Equipment

## **Delegate Requirements**

• Must possess good physical health as the practical training is physical demanding.

### **Reference Material / Documents**

OPITO Standard – Authorized Gas Tester
OSHA 29 CFR 1910.146 – Permit-Required Confined Spaces
OSHA 29 CFR 1926 Subpart Z – Toxic and Hazardous Substances
OSHA 29 CFR 1926 Subpart AA – Confined Spaces in Construction