



## **First-Line Training Solutions**

512 Viaulet Rd  
Youngsville, Louisiana 70592

Main: 337-451-4685  
Fax: 337-359-4478

[www.first-linetraining.com](http://www.first-linetraining.com)

### **American Heart Association Basic Life Support (BLS)**

#### **Course Outline**

**Prerequisites:** This course shall have no formal pre-requisite. The individual should have no history of a disabling medical condition, which may be sufficient reason for disqualification.

**Course Length:** 4 hours - Course length shall vary depending on the number of delegates. The total course time includes breaks and meals.

#### **Course Objective**

The curriculum provides the knowledge and skills necessary to provide immediate lifesaving interventions in the first minutes of a cardiac arrest.

#### **Course Design**

- Power Point© / Lecture / Audio Video / Visual Aids
- Textbook – Emergency Medical Responder: First of Scene, 11<sup>th</sup> Ed.
- Demonstrations
- Practical Exercises

#### **Successful Course Completion**

- Requires a minimum score of 84% or better.
- Learners must successfully complete the psychomotor exam.

#### **Course Content Summary**

- Classroom
- Practical's

**Breaks:** 10-15 minutes (approximately every 1.5 hours)

#### **Course Topics - Day 1**

Lecture:

- Rescuer Adult BLS
- AED & Bag-Mask devices
- Team Dynamics
- Child BLS
- Infant BLS
- Special Considerations



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- Adult & Child Choking
- Infant Choking
- Question & Answer Session

### **Exam**

- Final Exam
- Psychomotor Exam

### **Training Center Provided Material**

- Course Materials

### **Delegate Requirements**

- None

### **Reference Material / Documents**

American Heart Association (Healthcare Provider/BLS Provider)