

Prerequisites: This course shall have no formal pre-requisite.

Course Length: 6-8 hours – Total course time includes breaks.

Class Size: The maximum number of delegates that may be trained and tested per instructor shall be twenty-four (24) in the classroom session.

Course Objective

- To provide delegates with knowledge on collision prevention through hazard recognition and the application of collision-avoidance techniques.
- To motivate delegates to change their behind-the-wheel behaviors and attitudes.
- Delegates will learn how to recognize both potential and immediate hazards, how to avoid collisions in a variety of driving conditions and situations, and how to choose safe driving behaviors.
- Delegates will learn coping techniques for dealing with speeding, distracted driving, impaired driving, and hazardous traffic conditions and more.
- To provide delegates with an understanding of best practices to prevent injury and death while driving a motor vehicle.

Course Design

- Power Point© / Lecture / Audio Video / Visual Aids
- Demonstrations
- Optional Ride Along Driver Evaluation

Successful Course Completion

- Requires a minimum score of 75% or better.
- Grades shall be calculated by dividing the number of questions answered correctly by the total number of exam questions.
- Delegates will have no more than thirty (30) minutes to complete the exam.
- Successful completion of practical session is mandatory.

Course Content Summary

- Classroom
- Optional Ride Along Driver Evaluation

Breaks: 10 minutes (approximately every hour)

Lunch: 1 Hour (if applicable)

Course Outline

Session 1 – It's All About Choices

- Course Introduction
- Session Introduction
- Activity – Get Personal
- Session 1 Video: It Happened to Me
- Collision Prevention Formula: RUA Defensive Driver?
- Activity – How do You Drive?
- “What If?” Strategy

Session 2 – Ready for the Road

- Session Introduction
- Group Discussion: Who's on the Road?
 - Age
 - Mobility
 - Hearing
 - Vision
 - Illness or Use of Medication
 - Fatigue or Drowsiness
- Group Discussion: Emotional/Mental Conditions and Actions of Other Drivers
- Session 2 Video: Ready for the Road
- Video Debrief
- Session 2 Video: 3 Stages of Impact
- Video Debrief
- Conditions You Can't Control

Session 3 – Don't Add Insult to Injury

- Session Introduction
- Activity – Impaired Driving
- Session 3 Video: Don't Add Insult to Injury: Impaired Driving
- Video Debrief
- Session 3 Video: Don't Add Insult to Injury: Distracted Driving
- Video Debrief
- Session 3 Video: Don't Add Insult to Injury: Sleep and Fatigue
- Video Debrief
- Session 3 Video: Don't Add Insult to Injury: Aggressive
- Video Debrief

Session 4 – Success on the Road

- Session Introduction
- Session 4 Video: Drive to Survive
- The Six Most Unsafe Driving Behaviors (Introduction)
 - Improper Speed
 - Violating Right of Way
 - Driving Left of Center
 - Turning Improperly
 - Passing Improperly
 - Following too Closely

Session 5 – Collision Proofing

- Session Introduction
- Review: DDC Collision Prevention Formula and the “What If?” Strategy
- Session 5 Video Activity: Recognize the Hazard
- Activity: Road Sign Colors and Shapes
- Discussion: Collision Prevention

Session 6 – Driving for Life

- Session Introduction
- Session 6 Video: Drive Like Your Life Depends On It
- Video Debrief
- Important Points to Consider About Driving
- Group Discussion: Transporting Treasures
- Activity: What Are You Willing to Do?
- Course Exam

Practical Session

Ride Along/Driver Evaluations are not offered through the National Safety Council, but are offered by M&A Safety Services as a service, upon request.

The driver evaluation will evaluate the driver’s ability to:

- Wear Safety Belts
- Scan Effectively
 - Scans well ahead
 - Reacts early enough to respond to potential hazards
 - Not surprised by double parked cars, light changes, etc.
- Adjust Speed to Conditions
- Use Horn and Signals
- Maintain a Cushion of Safety
 - Keeps an adequate following distance-on open road
 - Follows proper techniques and distances when passing
 - Keeps an adequate following distance-in congested areas

- Keeps an adequate following distance-with a tailgater
 - Avoids following oversized vehicles
 - Avoids driving in other drivers' blind spots
 - Is aware of own blind spot
- Position the Vehicle
 - Changes lanes when necessary
 - Moves within the lane to avoid potential hazards
 - Tries to avoid hazardous situations
 - Safely parks the vehicle using recommended approaches and backing
- Use Mirrors Effectively
 - Properly adjust mirrors
 - Checks mirrors frequently
 - Moves in seat to improve sight angle
- Not Rely Solely on Eye Contact
 - Covers the brake in addition to making eye contact
 - Handles jaywalkers properly
- Handle Intersections Correctly
 - Is not surprised by light changes
 - Checks traffic in all directions before entering intersection
 - Leaves space in front when stopping in traffic
 - Keeps wheels straight while waiting to turn left
 - When in left lane, lags back to allow for off-tracking
 - Follows correct procedures for right-turn-on-red
- Cover the Brakes

Delegate Requirements

- None

Reference Material / Documents

National Safety Council DDC 8/6 Driver Safety Training Course Guide