



10 Hour – General Industry Course Outline



Prerequisites: This course shall have no formal pre-requisite.

Course Length: 12-15 hours – Course length shall vary depending on the number of delegates. Total course time include breaks.

Contact Hours: 10 hours – Student contact hours refer to time spent covering course content. Student contact hours do not include breaks for meals or other breaks, or time spent on administrative matters such as taking attendance or administering optional tests.

- Day 1 – 7.5 Hours
- Day 2 – 2.5 Hours

Class Size: The maximum number of delegates that may be trained and tested per instructor shall be thirty-five (35) in the classroom session.

Course Objective

- Provide general industry workers with relevant information associated with Occupational Safety and Health Administration (OSHA) compliance related training.
- Emphasize hazard identification, avoidance, control and prevention
- Provide 10 Instructional hours of compliance related training.
- Delegates should be able to demonstrate knowledge during written examination.

Course Design

- Power Point© / Lecture / Audio Video / Visual Aids

Successful Course Completion

- Requires a minimum score of 75% or better.
- Delegates will have no more than thirty (30) minutes to complete the exam.
- Grades shall be calculated by dividing the number of questions answered correctly by the total number of exam questions.

Course Content Summary

- Classroom

Breaks: 10 minutes (approximately every hour)

Lunch: 1 hour

Course Topics



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Day 1

Module 1 - Introduction to OSHA

Module 2 - Industry Policies – SEMS

Module 3 - Safety and Health Policies

- Behavior Based Safety

Module 4 - Personal Protection Equipment

Module 5 - Hazard Communication

Module 6 - Hazardous Materials

- Overview
- Flammable and Combustible Materials
- Spray Finishing
- Compressed Gases
- Dipping and Coating Operations

Module 7 - Bloodborne Pathogens

Module 8 - Emergency Response (Basic)

- Exit Routes
- Emergency Action Plans
- Fire Prevention Plans
- Fire Protection

Module 9 - HAZWOPER Awareness

Day 2

Module 10 - Walking & Working Surfaces

- Fall Protection

Module 11 - Materials Handling

- Back Safety

Module 12 - Ergonomics



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Module 13 - Electrical Safety – Basic

Module 14 - Lockout/Tagout

Exam

Training Center Provided Material

- Course Materials

Delegate Requirements

- None

Reference Material / Documents

- OSHA 29 CFR 1910

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- 29 CFR 1910
- 30 CFR 250 Subpart S
- 29 CFR 1910.132-133
- 29 CFR 1910.1200
- 29 CFR 1910 Subpart H
- 29 CFR 1910.1030
- 29 CFR 1910 Subpart E
- 29 CFR 1910.120
- 29 CFR 1910.22
- 29 CFR 1910 Subpart S
- 29 CFR 1910.147