
Prerequisites: The course participant shall have created a personal profile in WINDA and have provided their WINDA ID prior to completing the GWO training.

Course Length: 7 hours. Course length shall vary depending on the number of delegates.

Class Size: The maximum number of delegates that may be trained and tested per instructor shall be twelve (12) in the classroom session and six (6) in the practical session.

Course Objectives: This training is conducted in accordance with the GWO Wind Limited Access (WLA) Standard and will enable participants to behave in a manner whereby they are not a danger to themselves or others during supervised visits to onshore assets, and with the completion of both modules, during transfers and visits to functioning onshore and offshore assets. This standard does not provide participants with the skills or knowledge to safely work in Wind Turbine Generator (WTG) environments or to participate in supervised visits to WTG assets where there are increased safety risks, for example faulty or under construction.

Successful completion of the WLA Onshore module will enable participants to:

- Act safely and responsibly when using basic personal protective equipment
- Follow instructions given by supervisors and
- Behave safely during supervised visits to onshore wind turbine environments.

Successful completion of the WLA Offshore module will enable participants to:

- Act safely and responsibly during a supervised visit to an offshore WTG environment
- Take limited responsibility for their own safety at sea and during transfers.

Successful completion of this course results in the following certificates:

- GWO Onshore Limited Access (ONL)
- GWO Offshore Limited Access (OFL)

Course Design:

- Power Point© / Lecture / Audio Video / Visual Aids
- Practical Exercises

Successful Course Completion:

- Active participation in theory and successful completion of practical session is mandatory.
- If a participant fails to meet the demands of an Advanced Rescue Training module, they shall attend a new Advanced Rescue Training module.

Course Content Summary:

- Classroom
- Practicals

Breaks: 10 minutes (approximately every hour)

Lunch: 1 Hour, if applicable

Course Outline:

Onshore Limited Access Module

- Introduction
- Hazards in a WTG
- Fire awareness
 - Contingency plan in a case of fire
 - Fire prevention measures
 - Firefighting equipment
- Medical emergencies
 - Notification procedure in case of injury/medical emergency
 - CPR – Unconscious, not breathing
- Harness – fitting a harness
- Self-retracting lifelines – how to attach correctly to the harness
- Fall prevention
 - Fall prevention over fall arrest
 - Correct attachment to the harness
 - Correct attachment to anchor points
- Vertical fall arrest systems
 - Correct attachment to harness
 - Correct attachment and detachment of sliders and gliders
 - Twin and Single fall Arrest Lanyards
- Safe and correct evacuation

Offshore Limited Access Module

- Practical Sea Survival
 - Correct donning and use of LSA and PPE
 - Risks related to evacuation and release into water
 - Man-overboard procedures
 - Controlled entry into the water
 - Individual and collective swimming techniques
 - Correct usage of a life raft
 - Emergency decent to water by constant rate descender
- Safe travel and transfer (theoretical)
 - Hazards related to the different types of transfers
 - Safe transfer from vessel to WTG
 - Safe transfer from vessel to vessel and dock to vessel
- Transfer practical
- Training Review

Practical Session:

The Practical training shall verify that the delegate is able to demonstrate the following:

- Notification procedure in case of injury/medical emergency,
- Ability to deliver emergency CPR to a person who is unconscious and not breathing
- Fitting a full body harness
- Performing the attachment of a self-retracting lifeline to a harness attachment point
- Correct attachment and detachment of sliders and gliders
- Safe and correct evacuation
- Correct donning and understanding of use for PPE and LSA
- Controlled entry into the water
- Individual and collective swimming techniques
- Correct usage of life raft
- Emergency descent to water by Constant Rate Descender
- Correct procedures and actions for transfer between CTV and WTG

Training Center Provided Material:

- Course materials & equipment
- PPE

Delegate Requirements:

- Must possess good physical health as the practical training is physically demanding.

Reference Material/Documents:

- GWO Requirements for Training V14
- GWO Wind Limited Access Standard V2
- GWO WINDA Sign up – <https://winda.globalwindsafety.org/register/course-participant/>