

GWO First Aid Refresher Course Outline



Prerequisites: Each delegate must create a personal profile in WINDA and provide their WINDA ID prior to completing GWO training.

• When attending refresher training, the course participants must do so before the expiry of the previous training record's validity period.

Course Length: 4 hours. Course length shall vary depending on the number of delegates.

Class Size: The maximum number of delegates that may be trained and tested per instructor shall be twelve (12) in the classroom session and six (6) in the practical session.

Course Objectives: The aim of GWO Basic Safety Training Refresher (BSTR) courses is to review and build on previously gained knowledge and skills from BST through theoretical and practical training. This training is conducted in accordance with the First Aid Module of the GWO Basic Safety Training Refresher (BSTR) Standard and successful completion will enable participants to:

- 1) Act independently in recognizing, assessing, and prioritizing the need for basic first aid and providing lifesaving first aid until the casualty can be handed over to the next level of care in case of an incident in the wind turbine industry/WTG environment.
- Take responsibility for recognizing their limitations as a basic first aider, calling for help and enabling evacuation of the casualty in case of an incident in the wind turbine industry/WTG environment.

Successful completion of this course results in the following certificate:

• GWO First Aid Refresher (FAR)

Course Design:

- Power Point@ / Lecture / Audio Video / Visual Aids
- Practical Exercises

Successful Course Completion:

- Active participation in theory and successful completion of practical session is mandatory.
- If a participant fails to meet the demands of the Module, they shall attend a new Module.

Course Content Summary:

- Classroom
- Practicals

Breaks: 10 minutes (approximately every hour)

Lunch: 1 Hour, if applicable



GWO First Aid Refresher Course Outline



Course Outline:

- Introduction
- Practical Application of the primary survey
 - o Primary survey "C"- A B C
 - o "C" Catastrophic external bleeding
 - o Unresponsive
 - o CPR Unresponsive, not breathing
 - Head-to-toe examination
- Scenario-based training
- Training Review

Practical Session:

The Practical training shall verify that the delegate is able to demonstrate the following:

- Discussing common and expected reactions to acting as a first aider, to an unusual situation and to a casualty
- Managing incidents and correct use of first aid equipment including an AED
- Providing necessary lifesaving first aid for a casualty that is unconscious and require CPR also using an AED
- Participation in incident scenarios: electrical, head-to-toe examination, and CPR using an AED

Training Center Provided Material:

- Course materials & equipment
- PPE

Delegate Requirements:

Must possess good physical health as the practical training is physically demanding.

Reference Material/Documents:

- GWO Requirements for Training V14
- Basic Safety Training Refresher Standard (BSTR) V13
- National, regional, and local regulations & standards, as required.
- GWO WINDA Sign up https://winda.globalwindsafety.org/register/course-participant/